MORNA GAUZETTE

March 2021

President's Corner



Happy 2021 MORNA members and perioperative colleagues!!! We hope you have welcomed this New Year with a sense of hope and sheer gratitude for surviving and hopefully thriving during the year of 2020!!! When December brought the vaccine, I became slightly emotional, thinking of this moment in our history together. Although 2020 was not what we had planned last January, it brought about many important lessons and experiences that we all shared and will never forget as health care providers. I am so proud of perioperative nurses in Manitoba and all of the knowledge you gained and shared with one another and your teams!

Have you considered taking all that you have learned and creating a poster for the 2021 Perioperative Nurses Week Poster? The theme of this year's contest is "Adapting and evolving in a changing world - Perioperative nursing through a pandemic". Deadline for submissions is March 10th.

ORNAC/MORNA memberships: A kind reminder to all that many of your memberships may have expired on December 31st, 2020. As I looked at our membership numbers with executive in January, we have had a drop of over 50% in our memberships. We currently sit at 47 members who are active, which is a decrease from 83 members from last year. I am hoping this drop in membership is a result of many of you choosing to renew your membership at a later date, given the new "rolling membership" option that ORNAC created? Please visit https://ornac.ca/en/ and sign into Member Log In at the top right-hand corner of the page to renew your membership! Also, hoping that our existing MORNA members can recruit new members into our MORNA family as well!!!

ORNAC Virtual Conference will be held April 29th to May 2, 2021. The ORNAC executive and board of directors have been working very hard at putting together our first virtual conference for perioperative nursing professionals. Although not as scenic as a trip to Victoria BC, we sure hope you will consider registering for this first-class event and support your nursing specialty

2020 – 2021 Executive

President

Dawn Affeck – Manager CPN (C)
OR- St. Boniface
(204) 235-3567
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morna@ornac.ca

President Elect

Kassie Klassen – CRN CPN (C) Plastics & ACSS
OR- St. Boniface
presidentelectmorna@gmail.com

Past President

Kim Goodman – CRN CPN (C)
OR- Health Science Centre
(204) 787-7327
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Secretary

Vanessa Ferdinand -Surgical Suite Educator.
OR- Brandon Regional Health Centre
secretary@morna.ca

Treasurer

Carmen Saban - CRN
OR- Brandon Regional Health Centre
(204) 578-4108
(204) 578-4959 Fax
carmen.n.saban@gmail.com

Educational Coordinator

Stacey Brown – CRN CPN (C)
OR- Health Science Centre
(204) 787-7327
(204) 787-309559 Fax

group. This platform of perioperative education will allow many of our colleagues to “attend” their first national conference.

Finally, WE REALLY NEED OUR MEMBERS help!!!!! I would like to invite our MORNA members to seriously consider the following positions that are open for nominations for the 2021-2023 terms. The MORNA secretary and MORNA education coordinator are open and the nomination forms can be found under the “downloads” tab on the main menu. These are all two-year terms that we really need perioperative nurses to pursue. The other concern we have, is we have three vacant Hospital Rep positions that are currently vacant. If you know of any perioperative colleagues at HSC Women’s, Misercordia, and the Concordia ORs, we need their help with MORNA. You would have great support by a wonderful executive as you lead our MORNA group to continued success and perioperative presence provincially and nationally.

Sincerely,
Dawn Affleck RN MN CPN(C)
MORNA President and MB Director



Innovations in Colorectal Surgery

Join the Manitoba Operating Room Nurses Association for an education session, *Innovations in Colorectal Surgery,* with guest speaker Dr. Reagan Robertson. This event is hosted by The Grace and Maples.

When: Wednesday, April 14, 2021 I 6:30 pm

Where: Online via Zoom, click here to register

Presenter:



Dr. Reagan Robertson, MD, MSc, FRCSC
Colon and Rectal Surgery, General Surgery and Endoscopy.

Dr. Robertson completed her medical school and General Surgery residency at the University of Manitoba. During her residency she also earned a Master's of Science in Surgery degree. She then completed additional Royal College fellowship training in Colorectal Surgery at the University of British Columbia in Vancouver. Her fellowship training included a focus on advanced laparoscopic and transanal minimally invasive techniques for benign and malignant colorectal disease.

Dr. Robertson's practice interests include inflammatory bowel disease, colorectal malignancies, and transanal surgery, with expertise in minimally invasive approaches. Her research interests include inflammatory bowel disease, improving surgical quality of care, and patient reported outcomes.

University of Manitoba positions
Assistant Professor, Department of Surgery

Clinical position
Colon and Rectal Surgery, General Surgery and Endoscopy
St. Boniface Hospital and Grace Hospital

If you have any questions, please use the contact us page at MORNA.ca.

Technology and online webinar access provided by Association of Regulated Nurses of Manitoba

105-865 Waverley Street
Winnipeg, MB R3T 5P4
Phone: 204-995-1520
Email: info@arnm.ca



Virtual Conference

Apr 30-May 2, 2021

L'AVENIR DE LA PRATIQUE PÉRIOPÉRATOIRE.

Operating Room Nurses Association of Canada
Association des infirmières et infirmiers de salle d'opération du Canada

www.ornac.ca

ORNAC
AIISOC

CONFERENCES - INTERNATIONAL

DATES

May 27 – 30, 2021 10th EORNA Congress
European Operating Room Nurses Association, Stavanger, Norway http://www.eornacongress.eu/

August 7-11, 2021 AORN Annual Conference, Orlando, Florida. Registration opens December 2020. https://www.aorn.org/surgicalexpo

August 19 – 22, 2021 AFPP Annual Conference, University of York, Heslington, York
https://www.afpp.org.uk/home

WINNIPEG and CANADIAN DATES

April 30-May 2, 2021 27th Bi-Annual National ORNAC conference. Virtual.
https://ornac.ca/en/news-events/conferences/home-return-2021

June 8-13, 2022 PRNABC Biennial Conference
Sun Peaks, B.**C.** https://www.prnabc.ca/

Please follow us on Instagram!



MORNA has a new Instagram account! Follow

@MORNA.Nurses

on Instagram for updates, reminders, and to stay in touch with your Perioperative nursing family across Manitoba!

It is a private account, so expect a direct message from the @MORNA.Nurses account to confirm you should be included in the group!

Zoom Meeting Etiquette

As COVID-19 moves into its second year in our lives, we are forced to continue to remain strictly online for our meetings and educational sessions. While we can't meet in person, we can strive to make the experience as enjoyable and productive as possible for you and your colleagues! Here are some tips for making each meeting a little bit better:

1. **Introduce yourself** before contributing or asking a question. Some of you may not have your name associated with the Zoom account that you're using, and it is always valuable to know who is speaking. This is especially helpful to our secretary for taking minutes.
2. **Turn your video on** when you're speaking or asking a question. We'd like to keep the meetings friendly and it's nice to see each other instead of blank screens! If you're willing to keep it on throughout the meeting, we welcome the opportunity to see your face!
3. **Keep your audio off** when you're not speaking or asking a question. This helps everyone to focus on the speaker or presenter, and decreases distractions.
4. **Add a profile picture** for when your video is off.
    a. On your computer: Sign into Zoom -> click on your profile tile in the top right corner -> click on your name -> click on the profile picture to choose or upload a picture of yourself
    b. On your phone: Open Zoom app -> Click Settings in bottom right corner -> click your name -> click on the profile picture to choose a picture of yourself from your photo album or to take a new photo
5. **Use the chat feature** to communicate with the meeting host, to vote on actions, or to ask questions that you do not want to share verbally.

We're so happy that you choose to join our MORNA meetings and educational sessions! We know that we will be able to meet in person at some point in the future, but until then, we will strive to continue to improve the experience for everyone. Please send any suggestions to the MORNA executive.

Winners of our Perioperative Nurses Week Instagram Contest

were Jan Fair from St. Boniface Hospital and Val Stephens from HSC-Winnipeg!! Thank you to everyone for your participation!

Pictured on the right is our winner from St. Boniface: Jan Fair!!!



WINNERS!!

Missing from the photo is Val Stephens from HSC-Winnipeg.

Both Winners Received a $50 gift card to a place of their choice. As well as a T-Shirt with the MORNA logo on it as well as a drink cozie (Thank you Kim)!

Pictured down below was submitted from St. Boniface Hospital. Celebrating Perioperative Nurses Week!



CERTIFICATION/RECERTIFICATION

Consider becoming certified in your specialty as a perioperative nurse – CPN(C).

Important dates 2021

Initial or renewal by exam

	Application window	Exam window	Results
Spring	January 14-March 8	May 1-15	June
Fall	June1-September 1	November 1-15	December

Renewal by continuous learning (CL)

	Application window
Renewal by CL	January 14- November 1

2021 CNA CERTIFICATION
COMMIT TO EXCELLENCE

The **CNA Certification Program** offers the only bilingual, nationally recognized nursing specialty credential. Being CNA certified shows that you're committed to an advanced standard of professional competence and have a comprehensive understanding of your nursing specialty.

IMPORTANT DATES

SPRING 2021

January 14 – March 8
Application window to **write or renew by exam**

May 1-15
Certification **exam window**

FALL 2021

June 1 – September 1
Application window to **write or renew by exam**

November 1 – 15
Certification **exam window**

YEAR ROUND

January 14 – November 1
Application window to **renew by continuous learning**

CURRENT SPECIALTIES

CARDIOVASCULAR
COMMUNITY HEALTH
CRITICAL CARE
CRITICAL CARE PEDIATRICS
EMERGENCY
GERONTOLOGY — for registered nurses and registered psychiatric nurses
GERONTOLOGY — for licensed/registered practical nurses
HOSPICE PALLIATIVE CARE
MEDICAL-SURGICAL — for registered nurses
MEDICAL-SURGICAL — for licensed/registered practical nurses
NEONATAL
NEPHROLOGY
OCCUPATIONAL HEALTH
ONCOLOGY
PEDIATRICS
PERINATAL
PERIOPERATIVE
PSYCHIATRIC AND MENTAL HEALTH — for registered nurses and registered psychiatric nurses
WOUND, OSTOMY AND CONTINENCE

RENEWAL BY CONTINUOUS LEARNING ONLY

GASTROENTEROLOGY
NEUROSCIENCE
ORTHOPAEDIC
PERIANESTHESIA
REHABILITATION

Since 2019, exams to obtain or renew a certification in any of these specialties are no longer offered. Certified nurses can renew by submitting CL hours.

CANADIAN NURSES ASSOCIATION

getcertified.cna-aiic.ca
1-800-361-8404 • certification@cna-aiic.ca

Care to Be the Best

MORNA

Manitoba **O**perating **R**oom **N**urses **A**ssociation

2020-2021 Executive List

Office	Name	Facility	Phone/Fax
President	Dawn Affleck RN, MN, CPN (C) St. Boniface Hospital morna@ornac.ca	St. Boniface Hospital 409 Tache Ave., Winnipeg, MB R2H 2A6	Work # (204) 235-3567 Fax # (204) 235-2587
President – Elect	Kassie Klassen RN, BN, CPN (C) Plastics and ACSS CRN, St. Boniface Hospital presidentelectmorna@gmail.com	St. Boniface Hospital 409 Tache Ave., Winnipeg, MB R2H 2A6	Work# (204) 235-3549 Fax # (204) 235-2587
Past President	Kim Goodman RN CPN (C) Health Sciences-Adult mornamatters.kgoodman@gmail.com	Health Sciences Centre-Adult 820 Sherbrook St. Winnipeg, MB R3A 1R9	Work# (204) 787-3524 Fax # (204) 787-3095
Secretary	Vanessa Ferdinand RN, BN Educator-Surgical Suite Brandon Regional Health Centre secretary@morna.ca	Brandon Regional Health Centre 150 McTavish Ave E, Brandon, MB R7A 2B3	
Treasurer	Carmen Saban RN CRN- Opthalmology, Urology, Dental & ENT Brandon Regional Health Centre carmen.n.harrower@gmail.com	Brandon Regional Health Centre 150 McTavish Ave E, Brandon, MB R7A 2B3	Work# (204) 578-4108 Fax # (204) 578- 4959
Educational Coordinator	Stacey Brown RN CPN (C) CRN Vascular & Transplant Surgery Adult OR- Health Sciences Centre sbrown2@exchange.hsc.mb.ca	Health Sciences Centre-Adult 820 Sherbrook St. Winnipeg, MB R3A 1R9	Work# (204) 787-7327 Fax# (204) 787- 3095

Standing Committee Chairpersons

Communications Committee & Newsletter Vanessa Ferdinand, Stacey Brown, Kassie Klassen

Dawn Affleck, (Ex-Officio)

Constitution & By-Laws Committee Kim Goodman, Dawn Affleck (Ex-Officio), Vanessa Ferdinand

Education Committee Stacey Brown

Nominations Kim Goodman

MORNA Meeting Dates 2020 – 2021

Date	Day of Week	Event	Host	Location
September 17, 2020	Thursday	MORNA Annual Wine & Cheese 1800 hrs	St. Boniface & Misericordia	Winnipeg Winter Club 200 River Ave. Wpg., MB
October 22, 2020	Thursday	Business and Education Meeting 1830 hrs via Zoom	HSC- ADULT	VIRTUAL MEETING VIA ZOOM
November 26, 2020	Thursday	Business and Education Meeting 1830 hrs via Zoom	Women's & Victoria	VIRTUAL MEETING VIA ZOOM
January 13, 2021	Wednesday	Business and Education Meeting 1830 hrs via Zoom	Children's	VIRTUAL MEETING VIA ZOOM
February 11, 2021	Thursday	Business and Education Meeting 1830 hrs via Zoom	Pan Am & Concordia	VIRTUAL MEETING VIA ZOOM
March 10, 2021	Wednesday	Business and Education Meeting 1830 hrs via Zoom	MORNA	VIRTUAL MEETING VIA ZOOM
April 14, 2021	Wednesday	Business and Education Meeting 1830 hrs via Zoom	Grace & Maples	VIRTUAL MEETING VIA ZOOM
May 20, 2021	Thursday	MORNA Annual Dinner 1830 hrs	MORNA AGM	Winnipeg Winter Club 200 River Ave Wpg

Check back for any changes in dates/location

MORNA Membership

Category	Fees	Send to
Active Canadian Perioperative Registered Nurse Membership	$65.00 -Now Rolling Membership 1 year	**ORNAC Registration Online at ornac.ca** Membership can start registering October of each year.
Healthcare Professional Associate	$70.00	
Student Nurse Associate	$55.00	
Retired Perioperative Registered Nurse Associate	$55.00	

Election Announcement

This year we are to elect a new Treasurer, Educator and Secretary (for a one-year term)! Treasurer and Educator are to be elected for a 2-year term, which begins July 1, 2021 till June 30th, 2023.

Duties of the Treasurer

1. Is a signing officer for MORNA, with the President and President Elect.
2. Keeps an accurate record of all monies received and disbursed, and submits a yearend financial statement. (See Article 14 Finances, Investments and Contracts).
3. Submits a report on the balance in the treasury at all MORNA Meetings.
4. Prepares a budget for the ensuing fiscal year July 1st to June 30th of the following year in consultation with the Board of Directors and presents it to membership for approval at the first meeting of the fiscal year.
5. Recommends and receives approval from the membership for the appointment of an independent accountant with a professional designation (CA, CMA, CPA or CGA) for the current fiscal year. Is responsible for having the books audited or a review engagement that is to be determined by the Executive done at the end of the fiscal year and presents the financial statement to the Executive and Membership at the first meeting of the new fiscal year. Provides documentation as required to the accountant.
6. Receives and maintains an updated membership from ORNAC.
7. Maintains an accurate and confidential list of all members. Use of the membership list requires approval from the membership.
8. Receives all monies from workshops, conferences, dinners, fundraising, etc., unless alternate arrangements are made. Accounts for all such monies in the MORNA Statements.
9. Submits reports and issue cheques as required.
10. Is responsible for processing members requests for educational funding according to established criteria and submitting requests to the Executive.
11. Performs other duties as requested by the President.
12. New Documents will be kept in accordance with the Income Tax Act and The Canada Not for Profit Corporations (NFP) Act.
13. Ensures an Annual Income Tax Return is files in accordance with The Canada Not for Profit Corporations (NFP) Act.





Duties of the Educator coordinator

1. Coordinates all aspects of perioperative nursing education for the association.
2. Participates on the Communications Committee as Co-Chair, with the Secretary (Co-Chair) and President Elect (Chair). Participates in the production of the MORNA Newsletter.
3. Keeps membership informed of all opportunities for educational activities related to perioperative nursing (both MORNA and other) through the newsletter.
4. Works in close communication with the Secretary to ensure that there are timely notices of educational events and submits MORNA educational information to be placed in the affiliate association's calendar of events.
5. Confirms rooms for all meetings.
6. Ensures appropriate audiovisual equipment is available for meetings and educational sessions.
7. Maintains a list of MORNA educational material and other available resources for use by MORNA members.
8. Performs other duties as requested by the President.

Duties of the Secretary

1. Records and distributes the minutes of all MORNA meetings.
2. Maintains an accurate record of attendance at all MORNA meetings. Provides an annual verification of attendance report as required for membership purposes e.g. certification or educational funding.
3. Completes correspondence as directed by the Executive or Board of Directors.
4. Maintains all MORNA records, documents and correspondence for the most recent two years, and then scans documents to be archived electronically.
5. Participates on the Communications Committee as Co-chair with the Educational Coordinator (Co-Chair) and President Elect (Chair). Responsible for the production of the MORNA newsletter and maintenance of the MORNA Website.
6. Co-ordinates tele health bookings and availability of rooms.
7. Distributes all notices of meetings and educational events.
8. Responsible for the production, distribution and updating of resources for Hospital Representatives. Ensures approval of the Executive and / or Board of Directors prior to distribution of changes.
9. Performs other duties as requested by the President.
10. Ensures all electronic backup files using current format and file storage technology.
11. Ensures Corporations Canada is notified of changes to the Executive Officers of the Board of Directors.

Duties are recopied from the MORNA Constitution and Bylaws, available from your MORNA Rep and on our website. The election will be held at the MORNA Annual General Meeting, Spring 2021. Please forward nominations to Kim Goodman (Chair Nominating Committee) email at mornamatters.kgoodman@gmail.com

The poem featured in this edition of the MORNA Gazette won first place in the ORNAC's Perioperative Nursing Week Contest! The poem was written and submitted by three of our own MORNA members! Congratulations to Rachelle Lesy, Stephanie Phillips, and Vanessa Ferdinand. Each have won a free registration to this year Virtual ORNAC conference being held from April 29th-May 2nd, 2021!

This year three Perioperative nurses and MORNA members won 1st place in the ORNAC contest for a written poem that was submitted. All three members won a complimentatry registration to the 27th National ORNAC Virtual conference that will be held this year from April 30-May 2, 2021!



Contest Winners from Left-Right: Stephanie Phillips, Rachelle Lesy, and Vanessa Ferdinand *PLEASE NOTE THIS PHOTO WAS TAKEN PRIOR TO COVID19*

Operating Room Nurses Association of Canada

Association des infirmières et infirmiers de salles d'opération du Canada

Under the Light of Nightingale, from Humble Beginnings our Best Shines Through

By Rachelle Lesy RN BN CPN(C),
Stephanie Phillips RN BN,
& Vanessa Ferdinand RN BN

Through wars and through plagues, in all sickness and health,

We needed someone to educate and provide us with knowledge wealth.

The Lady with the Lamp, Nightingale helped pave the way,

She was the founder of modern nursing as we know it today.

Her Environment Theory preached of pure water and air,

Effective drainage, cleanliness, and light were all part of her care.

Statistics and health promotion are now part of modern nursing communication,

Nursing has evolved by her leadership and inspiration.

We are NURSES.

Shewchuk and Stephens at their kitchen table back in the day,

Drafted the first ORNAC standards that still help guide the way.

ORNAC promotes quality nursing care in all Canadian Operating Rooms,

Webinars, journals, and conferences all help our profession bloom.

We provide an environment of normothermia, cleanliness, and aseptic flow,

It's from Nightingale's first theories, OR nursing models grow.

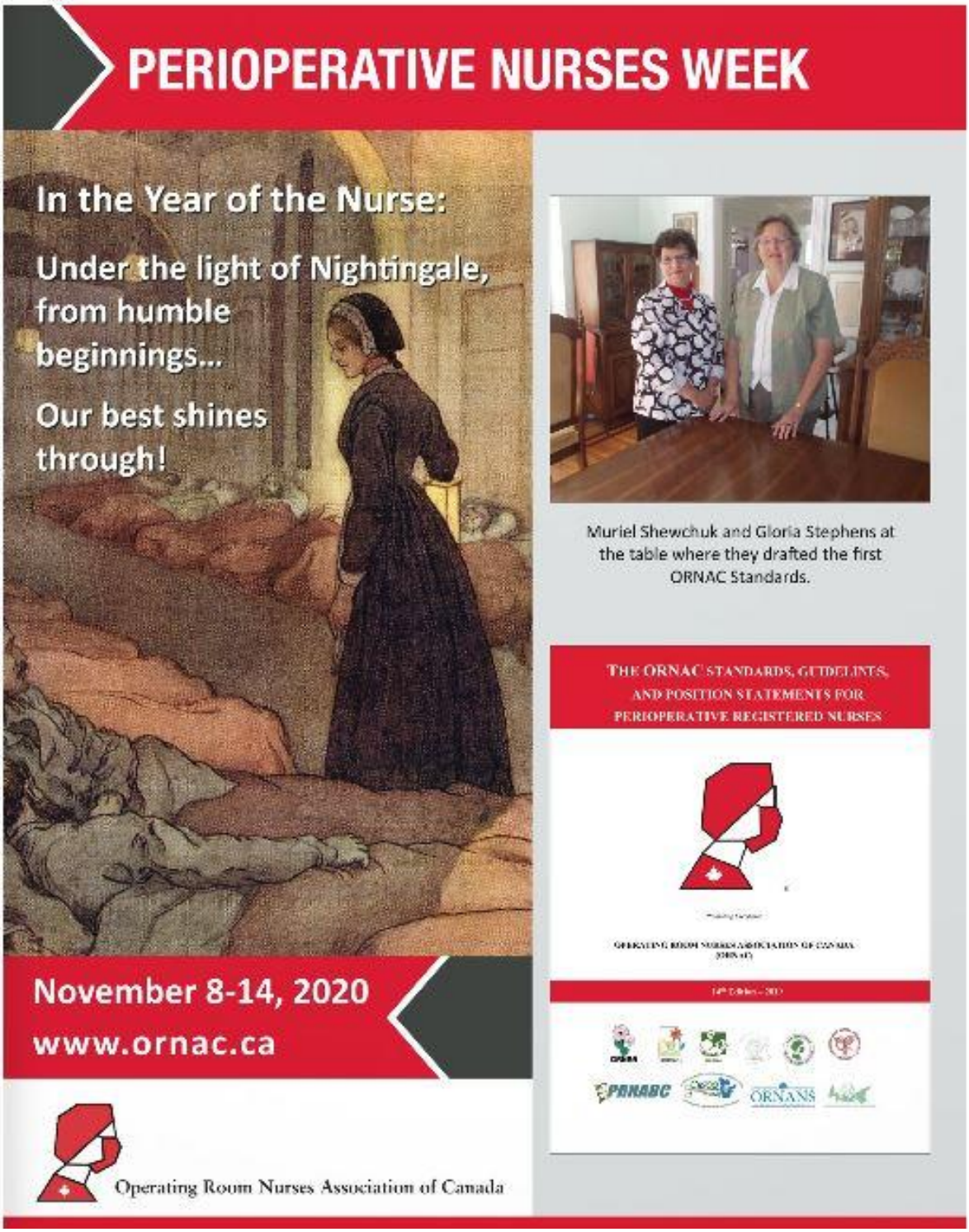
We protect our surgical patients from any undue harm,

We position, prep, count, and drape with our OR nurse charm.

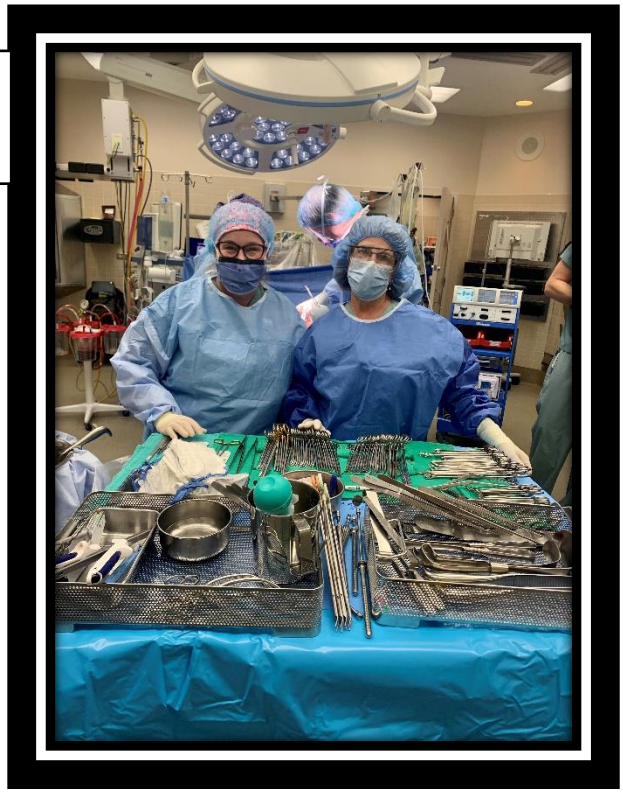
We are OPERATING ROOM NURSES!

2020 the year of the Nurse and Midwife and what a year it has been! Celebrating Perioperative Nurses week will look different this year with COVID19 impacting our world. But lets all try to take a moment this week to celebrate what makes this speciality so amazing! Continue keeping our patients the #1 priority, keeping them and our Perioperative team safe during this time. Please stay safe. Stay Healthy. Thank you everyone who was able to send in pictures of your teams!

PLEASE NOTE THAT SOME OF THESE PHOTOS WERE TAKEN PRIOR TO COVID19

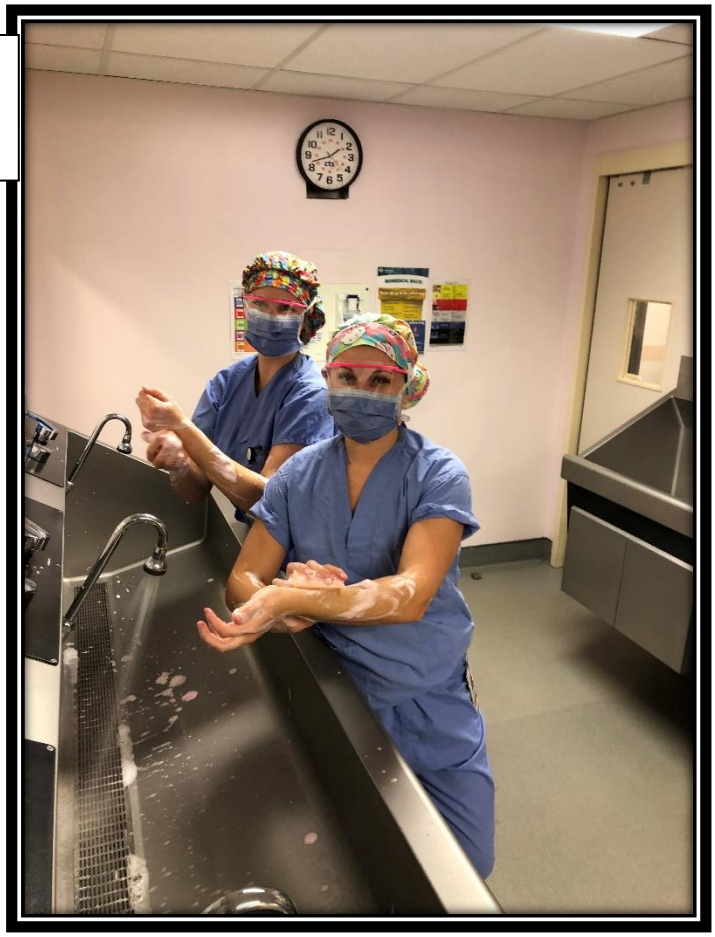


ST. Boniface Hospital



Dauphin OR

Dauphin Regional Health Centre





St. Boniface



St. Boniface OR

St. Boniface Hospital



St. Boniface OR

St. Boniface Hospital

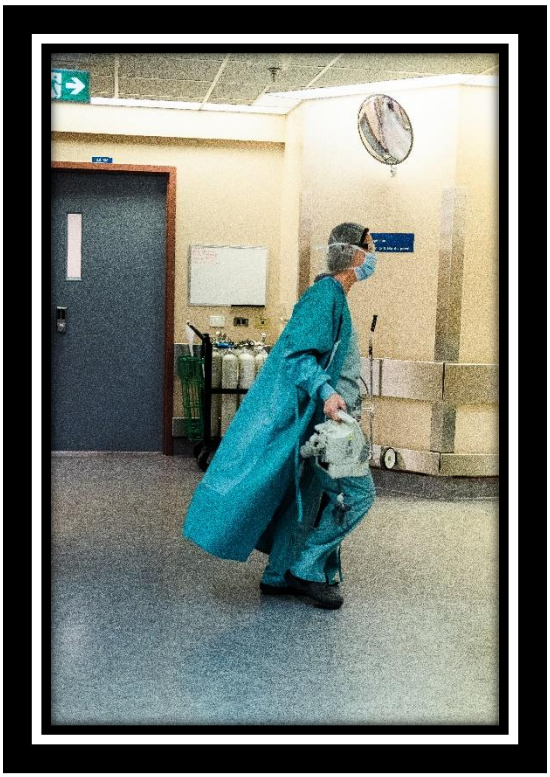
Perioperative

Nursing



St. Boniface

SSs



St.Boniface



St. Boniface OR

St. Boniface Hospital

St. Boniface OR

St. Boniface Hospital





Ste. Anne OR

Ste. Anne Hospital



Pan AM OR

Pan AM Hospital

Health Science OR

Health Sciences Center



Health Science OR

Health Sciences Center





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