MORNA GAUZETTE

May 2020

President's Corner



Spring Summer President Message

In my last message to MORNA members in January of this year, there was a sense of excitement and anticipation for all that 2020 was "supposed" to bring us all. Remember, 2020 was supposed to be "The Year of the Nurse"!!! What a year to be a nurse!!!! Like so many, I would never have anticipated nor imagined what 2020 was about to bring us and how we all have been living and working during the Covid19 pandemic.

Due to sheer planning and a little luck, MORNA executive were successful in hosting our Spring Workshop without issue on March 7, 2020. Although attendance was down this year, 53 attendees were provided with a quality educational event with a wide array of presentations and dynamic speakers. Thanks to Stacey and MORNA executive for their exceptional planning and coordinating to ensure this wonderful educational opportunity was made possible.

We were not as fortunate with our remaining MORNA business and education meetings and our spring annual general meeting (AGM), as COVID 19 challenged all organizations to move to virtual meetings. This was done in order to meet Manitoba Health physical distancing public health guidelines and our corporate obligations. With the guidance and support of the Association of Regulated Nurses of Manitoba (ARNM), MORNA executive quickly began planning our very first virtual AGM. On June 18, 18 MORNA members came together via ZOOM and as a result of a lot of hard work and planning, our AGM was a virtual success. Mary Smith, Executive Director and Lisa McFarland, Communications Advisor at the ARNM were key individuals who truly went above and beyond to support the MORNA virtual AGM. In fact our entire year, we have received endless commitment and support by ARNM and for that, we are so grateful. We hope that our MORNA members see the benefits of membership with both the ARNM and MORNA, as we have promoted perioperative nursing in ways that would not have been possible. Thank you again to Mary and Lisa for your dedication, expertise, knowledge, and professionalism. We are so proud to be partnering with you.

2019 – 2020 Executive

President

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President Elect

Melodie Kurys – CRN CPN (C)
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Past President

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Educational Coordinator

Stacey Brown – CRN CPN (C)
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With many changes at the ORNAC board level, virtual strategic planning sessions have been conducted for the board and its directors, to create a progressive plan with an "all hands on deck" approach. As your MB Director, I can assure you that much work is being done by the ORNAC board to look at membership engagement, by increasing the awareness and value of ORNAC membership. In pulling the provincial directors together with ORNAC executive, we are striving to create momentum with a strong, united board that is committed to moving ORNAC forward and being the voice of perioperative nursing in Canada. As MORNA president and MB Director, I will endeavor to work with all of you to find ways to take our member base back over 100, as we currently sit at 70 as I write this letter.

In closing as your MORNA president and MB Director, I want you to know that I recognize and celebrate each and every one of you in EVERY operating room in Manitoba. As we pause and recognize the incredible perseverance and effort of our perioperative nursing community during the COVID19 pandemic, I encourage you to never forget this time in history. We have been in the most dynamic state our practice has ever experienced. Your ability and agility to move forward, with all the changes, while keeping your patients and your team safe, is to be celebrated and never forgotten. We really have been through so much together, while apart. And as we are challenged to get back to "normal", and try to make up for lost time in our ORs, I hope you have some time this summer to spend with your family and friends to refresh and safely restore all the energy and vitality that 2020 was "supposed" to bring us. Keep well, keep safe, and enjoy this beautiful summer in Manitoba.

Yours in perioperative nursing,

Dawn Affleck RN MN CPN(C)

MORNA President and MB Director

CONFERENCES - INTERNATIONAL AND CANADIAN

DATES INTERNATIONAL

July 22 – 24, 2020 Virtual Sigma Event
https://www.sigmanursing.org/

August 3 – 4 30th Surgical Nursing & Nurse Education Conference, Webnar
https://surgical.nursingconference.com/events-list/perioperative-surgical-nursing

September, 2020 ACORN 2020 Virtual Conference, Sydney, Australia
https://www.acorn.org.au/conference-2020

September 9 – 12 Taiwan International Nurses Conference 2020 Taipei, Taiwan
https://www.icn.ch/events

December 1- 2, 2020 International Conference on Perioperative Nursing and Patient Care Management, Auckland, New Zealand
https://waset.org/perioperative-nursing-and-patient-care-management-conference-in-december-2020-in-auckland

January 14 – 15, 2021 International Conference on Perioperative Nursing, Bali, Indonesia

May 22 - May 27 – 30, 2021 10th EORNA Congress European Operating Room Nurses Association, Stavanger, Norway
http://www.eornacongress.eu/

August 19 - 22 2021 AfPP Annual Conference, University of York, Heslington, York
https://www.afpp.org.uk/home

DATES WINNIPEG/CANADIAN

June 18, 2020 Virtual AGM https://www.ornans.ca/

October 3 Virtual AGM http://www.ornaa.org/

October 15 – 17 CIISOQ 2020 Provincial Conference, Lévis, QC https://www.ciisoq.ca/

June 2022 PRNABC Biennial Conference Sun Peaks, B.**C.** https://www.prnabc.ca/



Any of these Conferences pique your interest?

Sources of funding

1. WRHA – $500.00 each year Jan to Dec, plus 2 days salary replacement, to a maximum of 2 days per year. (Those outside of the WRHA contact your local HA).

2. MNU – $200.00 per fiscal year (available to all MNU members, contact your ward rep). Some locals have additional educational funds.

3. MORNA members – contact your rep or go online at (must have been a member in the previous year). www.morna.ca/ for funding guidelines.

CNA

CANADIAN NURSES ASSOCIATION

CERTIFICATION/RECERTIFICATION

Consider becoming certified in your specialty as a perioperative nurse – CPN(C).

Important dates 2020

Initial or renewal by exam

	Application window	Exam window	Results
Fall	June 1 – Sept. 10	Oct. 15 - Nov. 15	Dec.

Renewal by continuous learning (CL)

	Application window
Renewal by CL	Jan. 20– Nov. 1

2020 CNA CERTIFICATION
COMMIT TO EXCELLENCE

The **CNA Certification Program** offers the only bilingual, nationally recognized nursing specialty credential. Being CNA certified shows that you're committed to an advanced standard of professional competence and have a comprehensive understanding of your nursing specialty.

IMPORTANT DATES

FALL 2020

June 1 – September 10
Application window to **write or renew by exam**

October 15 – November 15
Certification **exam window**

This is a longer administration period to help accommodate writers who had been scheduled for the May exam window, which CNA postponed due to the COVID-19 pandemic.

YEAR ROUND

January 20 – November 1
Application window to **renew by continuous learning**

CURRENT SPECIALTIES

CARDIOVASCULAR
COMMUNITY HEALTH
CRITICAL CARE
CRITICAL CARE PEDIATRICS
EMERGENCY
GASTROENTEROLOGY*
GERONTOLOGY — for registered nurses and registered psychiatric nurses
GERONTOLOGY — for licensed/registered practical nurses
HOSPICE PALLIATIVE CARE
MEDICAL-SURGICAL
NEONATAL
NEPHROLOGY
NEUROSCIENCE*
OCCUPATIONAL HEALTH
ONCOLOGY
ORTHOPAEDIC*
PEDIATRICS
PERIANESTHESIA*
PERINATAL
PERIOPERATIVE
PSYCHIATRIC AND MENTAL HEALTH — for registered nurses and registered psychiatric nurses
REHABILITATION*
WOUND, OSTOMY AND CONTINENCE

** Renewal by continuous learning only.*

NEW EXAM — AVAILABLE FALL 2020

APPLY BY SEPTEMBER 10 TO WRITE THIS EXAM:

MEDICAL-SURGICAL — for licensed/registered practical nurses

MORNA

Manitoba **O**perating **R**oom **N**urses **A**ssociation

2019-2020 Executive List

Office	Name	Facility	Phone/Fax
President	Dawn Affleck RN, MN, CPN (C) St. Boniface Hospital morna@ornac.ca	St. Boniface Hospital 409 Tache Ave., Winnipeg, MB R2H 2A6	Work # (204) 235-3567 Fax # (204) 235-2587
President – Elect	Melodie Kurys RN Urology CRN, Health Sciences- Adult mkurys@hsc.mb.ca	Health Sciences Centre-Adult 820 Sherbrook St. Winnipeg, MB R3A 1R9	Work# (204) 787-3859 Fax # (204) 787-3095
Past President	Kim Goodman RN CPN (C) Health Sciences-Adult mornamatters.kgoodman@gmail.com	Health Sciences Centre-Adult 820 Sherbrook St. Winnipeg, MB R3A 1R9	Work# (204) 787-3524 Fax # (204) 787-3095
Secretary	Iris MacMillan RN Grace Hospital OR lifeandhome@shaw.ca	Grace Hospital 300 Booth Drive Winnipeg, MB R3J 3M7	Work# (204) 837-0120 Fax # (204) 897-2938
Treasurer	Carmen Saban RN CRN- Opthalmology, Urology, Dental & ENT Brandon Regional Health Centre carmen.n.harrower@gmail.com	Brandon Regional Health Centre 150 McTavish Ave E, Brandon, MB R7A 2B3	Work# (204) 578-4108 Fax # (204) 578- 4959
Educational Coordinator	Stacey Brown RN CPN (C) CRN Vascular & Transplant Surgery Adult OR- Health Sciences Centre sbrown2@exchange.hsc.mb.ca	Health Sciences Centre-Adult 820 Sherbrook St. Winnipeg, MB R3A 1R9	Work# (204) 787-7327 Fax# (204) 787- 3095

Standing Committee Chairpersons

Communications Committee & Newsletter Iris MacMillan, Stacey Brown, Kim Goodman Dawn Affleck, (Ex-Officio)

Constitution & By-Laws Committee Kim Goodman, Dawn Affleck (Ex-Officio)

Education Committee Stacey Brown

Nominations Kim Goodman

MORNA Meeting Dates

2019 – 2020

Date	Day of Week	Event	Host	Location
September 19, 2019	Thursday	MORNA Annual Wine & Cheese 1800 hrs	Womens' & Victoria	Winnipeg Winter Club 200 River Ave. Wpg., MB
October 22, 2019	Tuesday	Business and Education Meeting 1830 hrs via Zoom	HSC- ADULT	CRNM Conference Room- Main floor 890 Pembina Hwy
November 28, 2019	Thursday	Business and Education Meeting 1830 hrs via Zoom	St. Boniface & Misericordia	CRNM Conference Room- Main floor 890 Pembina Hwy
January 15, 2020	Wednesday	Business and Education Meeting 1830 hrs via Zoom	Childrens'	CRNM Conference Room- Main floor 890 Pembina Hwy
February 13, 2020	Thursday	Business and Education Meeting 1830 hrs via Zoom	Pan Am & Concordia	CRNM Conference Room- Main floor 890 Pembina Hwy
March 7, 2020	Saturday	MORNA Spring Workship	MORNA	Samuel N. Cohen St. Boniface
April 14, 2020	Tuesday	Business and Education Meeting 1830 hrs via Zoom	Grace & Maples	Cancelled due to Covid-19
June 18, 2020	Thursday	MORNA Virtual AGM 1730 hrs	MORNA AGM	Virtual AGM

***Check back for any changes in dates/location and for more info about the workshop**

MORNA Spring Workshop

March 6th, 2021	Saturday	MORNA Saturday workshop	Details to follow	Samuel N. Cohen St. Boniface 351 Tache Ave

MORNA Membership

Category	Fees	Send to
Active Canadian Perioperative Registered Nurse Membership	$65.00- January 1, 2021 till December 31, 2021	**Ornac Registration Online at ornac.ca** Membership can start registering October of each year. **Workshop Registration:** MORNA TREASURER c/o Carmen Saban P.O. Box 1363 Souris, MB., R0K 2C0 carmen.n.saban@gmail.com
Healthcare Professional Associate	$70.00	
Student Nurse Associate	$55.00	
Retired Perioperative Registered Nurse Associate	$55.00	

Election Announcement



This year we are to elect a new President, President Elect and a new Secretary! All are elected for a 2-year term, which begins July 1, 2020 till June 30th 2022.

Duties of the President

1. Is responsible to the membership and the Board of Directors for conducting the business and directing the activities of MORNA
2. Calls and presides at all meetings of the Board of Directors and all meetings of MORNA
3. Prepares agendas for all meetings and communicates with the Secretary to ensure notices of meetings are issued
4. Is the signing officer for MORNA, with the Treasurer and President Elect.
5. Is the official MORNA representative and liaison with external groups and organizations.
6. Maintains communication with Professional licensing bodies i.e. CRNM, ARNM. Ensures that the CRNM, ARNM receives notification of perioperative publications i.e. The ORNAC Standards for Perioperative Registered Nursing Practice.
7. Appoints committee chairpersons and members requested, subject to the approval of the Board of Directors.
8. Is an ex-officio member of all MORNA Standing and Ad Hoc Committees, with the exception of the Nominating Committee
9. Attends ORNAC Board meetings and represents MORNA at the Board of ORNAC. Represents MORNA on ORNAC national committees. Maintains a link with all other provincial OR nursing associations.
10. Has the authority to make decisions on issues which may arise. Decisions shall be made in consultation with a minimum of three additional executive members, and informs the board of directors of all decisions made. The action of the President requires ratification by membership.
11. Submits the MORNA Annual Report to the membership at the Annual General Meeting, and to ORNAC as required by its Affiliate Agreement.
12. Terminates non-functioning committees, subject to the approval of the Board of Directors.
13. The President shall not carry a vote. In the event of a tie, the President shall call for a second ballot. In the event of a tie following the second ballot the President shall cast the deciding ballot.
14. Assumes other duties as required.
15. Upon completion of his/her term becomes the Past President.

Duties of the President Elect



1. Assumes the duties and responsibilities of the President during the President's absence.
2. Acts as a possible alternative for an ORNAC Board meeting.
3. Is a signing officer for MORNA, with the President and the Treasurer.
4. Chairs the Communication committee, with the Educational Coordinator and Secretary as Co-Chairs. Participation in the MORNA newsletter and maintenance of the MORNA Website.
5. Organizes the dinner as required for the Annual General Meeting
6. Performs other duties as requested by the President.
7. Upon completion of his / her term becomes the President.

Duties of the Secretary

1. Records and distributes the minutes of all MORNA meetings.
2. Maintains an accurate record of attendance at all MORNA meetings. Provides an annual verification of attendance report as required for membership purposes e.g. certification or educational funding.
3. Completes correspondence as directed by the Executive or Board of Directors.
4. Maintains all MORNA records, documents and correspondence for the most recent two years, and then scans documents to be archived electronically.
5. Participates on the Communications Committee as Co-chair with the Educational Coordinator (Co-Chair) and President Elect (Chair). Responsible for the production of the MORNA newsletter and maintenance of the MORNA Website.
6. Co-ordinates tele health bookings and availability of rooms.
7. Distributes all notices of meetings and educational events.
8. Responsible for the production, distribution and updating of resources for Hospital Representatives. Ensures approval of the Executive and / or Board of Directors prior to distribution of changes.
9. Performs other duties as requested by the President.
10. Ensures all electronic backup files using current format and file storage technology.
11. Ensures Corporations Canada is notified of changes to the Executive Officers of the Board of Directors.

Duties are recopied from the MORNA Constitution and Bylaws, available from your MORNA Rep and on our website. The election will be held at the MORNA Annual General Meeting, May 21, 2020. Please forward nominations to Kim Goodman (Chair Nominating Committee) email at mornamatters.kgoodman@gmail.com



Winner of the Humboldt Crochet Throw – MORNA Spring Workshop 2020



Winner of the Humboldt Quilt MORNA Spring Workshop 2020

MORNA Spring Workshop

March 7, 2020

Despite warmer temperatures, blowing snow, black ice, and highway closures, four nurses from Brandon Regional Health Center made the nail biting trek to Winnipeg to attend the MORNA spring workshop. As always, MORNA did not fail to disappoint us as they had a wonderful line up of education sessions, trade show booths, great food, and prizes!

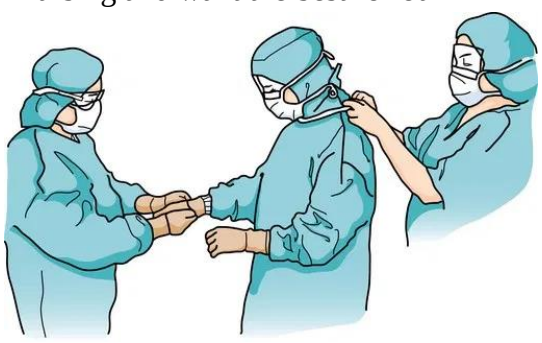
One of my favourite presentations was by AIma and Anne Marie from Royal University Hospital in Saskatoon when they spoke about their Code Orange experience with the Humboldt Bronco bus crash. This was my third time hearing this presentation and they have professionally polished this presentation immensely from their first presentation in Regina at Saskatchewan Operating Room Nurse's Workshop in September 2018, a mere 5 months after it happened. When this tragedy happened, I think we can all agree we were beyond devastated. I couldn't help but think this could have happened anywhere. Brandon is right on #l highway and #10 from the States. We had a Code Orange situation approximately 10 years ago involving a greyhound bus. Luckily, only the bus driver was critically hurt and the Operating Room was not affected. The Monday morning after the Humboldt tragedy, our Operating Room Nurses just wanted to help out in any we could. Myself and our Front Desk CRN started a collection for the OR nurses in Saskatoon. When all was said and done, our manager sent a card and a few hundred dollars to Anne Marie at Royal University Hospital to help their staff out in anyway, such as a luncheon, support, training etc... My manager said Anne Marie was moved to tears when she called her to tell her our plan. In their presentation, they have mentioned the generosity from our Brandon OR and how we were the only OR in Canada to reach out to them directly. This made us quite proud as Operating Nurses we are all one big family and we need to be there for each other. We have later learned, that they used our money to help send 2 nurses for some PTSD training. We are so thankful to have been able to help in some way.

Another presentation that had quite a few take away points was Jim Gauthier talking about Operating Room cleaning. This has always been near and dear to me, and if you ask my husband, I'm getting more neurotic by the day. When Jim presented, Covid-19 was just starting to gain international attention but many were still ignoring it. We now are seeing it spread globally and take over every country by storm. As a health care professional, we can't help but be scared of the community transmission and putting ourselves at risk every day we go to work. We need to rely on these cleaning products to help combat this horrible virus. Since attending this presentation, I already had a few ideas I want to present to my manager about changing in Brandon such as single use mop heads. With the imminent danger of Covid-19, we have implemented a few more cleaning strategies within our Operating Room which should have been implemented years ago. We are having more buy in now than ever from surgeons and anesthesia so we need to keep this momentum going in creating a safe environment for our patients and ourselves moving forward.

Once again, thanks to all of the MORNA board members who worked hard on organizing the MORNA spring workshop. It shows you are all passionate towards Operating Room Nursing and want the best for our profession. Stay Safe!

Rachelle Lesy RN BN CPN (C)

Clinical Resource Nurse- Orthopedics



MORNA SPRING WORKSHOP 2020 – PRESIDENT AND DOOR PRIZE WINNERS







MORNA 2020 SPRING WORKSHOP VENDOR SPONSORS

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