MORNA GAUZETTE

February **2010**

The Front Page (Donna's President's Corner message will appear again in the May edition of the MORNA Gauzette.)

The 21st ORNAC National Conference in St John's, Newfoundland was a unique experience but seems like a distant memory…. Newfoundland felt very upbeat. The off shore oil is finally turning them into a have province rather than a have not one. Nurses there had just settled for a large wage increase, one that brings them closer to nurses in the rest of Canada.

Some of the Newfoundlander's sayings were very interesting, for example,*"There is no such thing as bad weather just bad clothing!"* and another one which has applications everywhere, perhaps especially in the Operating Room.

" The wind and waves may tip your ship
but only you can tip your crew."

One of the best presentations I attended was with Maureen Spencer, "Working Toward Zero Surgical Site Infections". I'm very excited to hear that she will be presenting at our March Workshop. The workshop poster and registration form are included with this Gauzette……we hope to see you there!

There are a number of interesting, informative articles here from people who attended the conference. I'm looking forward to more for the final Gauzette in May.

You will notice some changes in the executive. We wish Brenda Badger all the best in her retirement. Welcome to Terry Nicholson as our Educational Coordinator, Jackie Dutfield has moved on to a position which is out of scope.

Glenda Osnach for the
MORNA February Gauzette

2009-2010 EXECUTIVE

President
Donna Fallis
OR Educator
OR Concordia
(204) 661 7268
(204) 661 7222 Fax
djfallis@shaw.ca

President-Elect
Leah Restall
CRN Ob/Gyn
OR Women's
(204) 787 2325
(204) 787 1078 Fax
lrestall@HSC.MB.CA

Past President
Brenda Badger
OR Seven Oaks
(204) 632 3176
(204) 697 3077 Fax
brbadger@hotmail.com

Secretary
Michael Porco
OR Concordia
(204)661 7197
(204) 661 7222 Fax
mporco@concordiahospital.com

Treasurer
Gladys Zinnick
Patient Team Care Manager
OR Seven Oaks
(204) 632 3216
(204) 697 3077 Fax
gzinnick@sogh.mb.ca

Educational Coordinator
Terry Nicholson
OR Children's
(204) 787 2240
(204) 787 1178 Fax
TNicholson@HSC.MB.CA.



CONFERENCES - INTERNATIONAL AND CANADIAN

DATES INTERNATIONAL

2010 Mar 13-18— AORN 57th Annual Congress Denver, CO "Reaching the Peak of Perioperative Practice" AORN Congress

2010 Mar 26-27 Aseptic Surgery Forum, Paris, France; International Expert Meeting on Good Surgical Practices & Technological Innovations to Prevent & Cure Infections www. www.aseptic-surgery-forum.com/en/

2010 April 11 – 14 NETNET 20102; The 3rd Nurse Education International Conference; Nursing Education in a Global Community www.netnep-conference.elsevier.com

2010 May 19 – 22 ACORN (Austrailian College of OR Nurses) National Conference in Western Austrailia, Perth, Austrailia" Westward Bound – Building a Strong Future" www.acorn.org.au

2010 Oct 14 – 16 AfPP (Ass'n for Perioperative Practice) 46th Annual Congress & Exhibition, Harrogate, UK www.afpp.org.uk/events

2010 Nov 11 – 13 Perioperative Nurses College of NZNO Conference, Roorua Convention Centre, Roorua, NZ www.nzno.org.nz/Activities

DATES CANADIAN

2010 Apr 25 – 28 ORNAO (periOperative RN's Ass'n of Ontario) 11th Biennial Conference, Niagara Falls, ON conference.ornao.org

2010 Apr 28 – May 1 PRNABC (Periop RN Ass'n of BC), BC Provincial Conference www.bcorng.ca/conferences

2010 May 9 – 11 CORL (Canadian OR Leaders) Network Conference, Toronto, ON operatingroomleaders.com

2010 May 28 - 29 ORNANS (periOperative RN's Ass'n of Nova Scotia) Annual General Meeting, New Glasgow, "Caring for the Caring" Pictou Lodge, Pictou www.ornans.ca

2010 May 28 – 30, The 9th Annual NAPANc (National Ass'n of PeriAnesthesia Nurses of Canada) Conference; Calgary, AB "2010: Living the Life We have Imagined" napanc.org

2010 May 29 – June 3 CHICA (Community & Hospital Infection Control Ass'n) Canada, 2010 National Education Conference, Vancouver, BC www.chica.org

2010 June 4 – 6 SORNG (Saskatchewan OR Nurses Group) Provincial Conference, Regina, SK www.ornac.ca/chapters/SORNG

2010, June 7 to 9 - the (CNA)Canadian Nurses Association Biennial Conference, Halifax, NS "Innovation in Action: The Power of Nursing

2010 Oct 20 – 23 28th Annual ORNAA (OR Nurses' Ass'n of Alberta) Conference, Red Deer, AB "TEAM (Together Everyone Achieves More) O.R." www.ornaa.org

2010 Nov 9 – 12 SOOR(Corporation des infirmieres et infirmiers de sale d'operation du Quebec) Le 33e Congres de la CIISOQ a Laval, PQ www.ciisoq.ca/Congres



Sources of funding

Any of these pique your interest?

Go to **www.ornac.ca/chapters/MORNA/** for MORNA funding guidelines

1. WRHA – $500.00 each year Jan to Dec, plus 3 days salary replacement, to a maximum of 3 days per year. (Those outside of the WRHA contact your local HA).
2. MNU – $200.00 per fiscal year (available to all MNU members, contact your ward rep). Some locals have additional educational funds.
3. MORNA members – contact your rep or go online at (must have been a member in the previous year).

HOSPITAL REPS

Concordia Hospital
Colleen Ungrin
OR 661 7198
1095 Concordia Ave R2K 3S8
Fax 661-7222

Grace Hospital
Leanne Moyer
OR 837 0120
300 Booth Drive R3J 3M7
Fax 837 0493

Health Sciences Centre
Adult
Monica Palmquist
OR 787 3524
820 Sherbrook St R3A 1S1
Fax 787 3095

Children's Hospital
TBA
OR 787 2240
840 Sherbrook St. R3A 1S1
Fax 787 1178

Women's Hospital
Karen Gilchrist
OR 787 2087
735 Notre Dame Ave R3E 0L8
Fax 787 1078

Misericordia Hospital
Cheryl Wood
OR 788 8380
99 Cornish Ave R3C 1A2
Fax 788 8529

Pan Am Clinic
Carey McGregor
OR 925 1553
75 Poseidon Bay R3M 3E4
Fax 475 9486

St. Boniface Hospital
Lilian Brown
OR 237 2585
409 Tache Ave R2H 2A6
Fax 237 2587

Selkirk Hospital
Karen Warcimaga
204 482 5800 ext 209
Selkirk, Manitoba R1A 2M2
Fax 204 482 1293

Seven Oaks Hospital
Dorota Szurlej
OR 632 3176
2300 McPhillips St R2V 3M3
Fax 697 3077

Victoria Hospital
Iris MacMillan
OR 477 3183
2340 Pembina Hwy R3T 2E8
Fax 269 7683

CANADIAN NURSES ASSOCIATION
ASSOCIATION DES INFIRMIÈRES ET INFIRMIERS DU CANADA

CPN (C) Certified Perioperative Nurse Canada

CNA CERTIFICATION/RECERTIFICATION

Consider becoming certified in your specialty as a perioperative nurse – CPN(C). The deadline for applications to write in 2011 is usually in November, so check out the website and plan now to write in 2011. The deadline for certification renewal application for 2011 will be around the same time.
You must have completed 3900 hours in your specialty prior to applying. Applications are accepted from Sept 1, of each year to ~mid Oct/Nov. Visit www.ornac.ca and www.cna-aiic.ca for more information. MORNA has funding available for active members, $150.00 toward certification or recertification fees. This is separate from the educational funding and does not influence the amount of educational funding available to you. There are other sources of funding available follow the financial assistance link under obtaining certification on the CNA website.
The fee schedule is available on the CNA website noted above. Click on **Become Certified!** on the left hand side of the home page.

Important notice re Canadian Operating Room Nursing Journal (CORNJ) subscriptions

Please ensure that MORNA has your correct & current address. These addresses are submitted at the beginning of each year to Clockwork. If the journal is considered undeliverable, the cover is ripped off and the journal is discarded by Canada Post. The cover is then delivered back to the publisher with a C.O.D. charge of $0.65 for each cover. ORNAC pays for all returned journals decreasing final profits. Any changes of address also need to be submitted as soon as possible to prevent any delays in subsequent mailings. Subscription problem inquiries should be directed to the MORNA executive, not directly to Clockwork/CORNJ.***Your change of address can be done directly on the ORNAC website. Go to http://www.ornac.ca, then journals, select subscriptions. The change of address window can be found here



Election Announcement

This year we are to elect a new President Elect and a new Secretary!
Both are elected for a 2-year term, which begins July 1, 2010.

Duties of the President Elect

1. Assumes the duties and responsibilities of the President during the President's absence.
2. With the President attends the Board meetings of ORNAC. Represents MORNA on ORNAC national conferences.
3. Is a signing officer for MORNA with the President and Treasurer.
4. Chairs the Communication Committee, with the Educational Coordinator and Secretary as Co-Chairs. Responsible for the production of the MORNA newsletter (minimum of 3 copies per fiscal year) and maintenance of the MORNA website.
5. Organizes the dinner and entertainment as required for the Annual Meeting.
6. Performs other duties as requested by the President.



Duties of the Secretary

1. Records and distributes the minutes of all MORNA meetings.
2. Maintains an accurate record of attendance at all MORNA meetings. Provides an annual verification of attendance report as required for members' purposes, e.g. certification or educational funding.
3. Completes correspondence as directed by the Executive or Board of Directors.
4. Maintains all MORNA records, documents and correspondence for the most recent 2 years, then forwards to the historian to be archived.
5. Forwards all minutes of meetings to the Associate Chapter President(s).
6. Participates on the Communications Committee as Co-Chair, with the Educational Coordinator (Co-Chair) and President Elect (Chair). Responsible for the production of the MORNA newsletter (3 per year) & maintenance of the MORNA website.
7. Confirms the rooms for all the meetings.
8. Distributes all notices of meetings and education events.
9. Performs other duties as requested by the President.

Duties are recopied from the MORNA Constitution and Bylaws, available from your MORNA Rep.
The election will be held at the MORNA Annual General Meeting, May 18, 2010.
Please forward nominations to Donna Fallis (Past-President, Chair Nominating Committee)



ARTICLE FROM THE ORNAC NATIONAL CONFERENCE

I would first of all like to thank MORNA for providing the funding which allowed me to attend the ORNAC Conference in St. Johns, Newfoundland. It was a wonderful opportunity to be able to share information and learn together with other perioperative nurses from all across Canada.

"Greening an Operating Room: More than Just the Colour on the Wall" by Lucia Pfeuti RN, BN, CPN(C) and Lyndsay Lingard RN, BN, BSc was one of the many interesting presentations which I attended. I have chosen to share information from this presentation as I feel it can help lead us to a future with more environmentally friendly O.R.'s.

We are all well aware of how much waste is produced every day in an operating room. With there being more awareness about the dangers of climate change and how we can do our part to help save the environment the speakers took on the huge task of recycling in the O.R.

There are a number of factors that contribute to our production of waste in the O.R.

-the concern of exposure to blood borne diseases

-the move towards more disposable items and single use of items

-the increased amount of plastic products

-the "if in doubt throw it out" rule

Ways to decrease waste in our healthcare facilities include:

-to use less (only open what is needed)

-to use less energy (turning out lights and turning off electrical equipment when not needed)

-water conservation with the use of low flow toilets and taps

-electronic medical records

-reusable linen

-eco-friendly products

-LED lights

-reusable positioning devices

Some of the ideas on decreasing the amount of waste from suppliers included:

-to use less packaging

-to consolidate shipments and bulk purchases

-to use reusable shipping totes and have take-back programs

In order to bring about any changes in the way waste products are handled in the O.R. you must have a representative to participate in the decision making in regards to products purchased. The representative would have the opportunity to discourage the facility from having automatic renewal contracts. This would allow for a comparison of products from different companies and environmentally friendly purchasing can be achieved. Also it is more environmentally friendly and can be more cost effective to purchase from local suppliers if possible.

The presenters suggested to have a dedicated sustainability coordinator and to encourage education of all staff. There must be waste management policies developed in order to create a successful green environment program. Another responsibility of the leader or representative would be to influence legislation on environmentally friendly ideas.

In order to make your O.R. theatres even greener, perioperative nurses can form green teams. The first step suggested was to assess your waste and remember to include the lounge when doing your assessment. Focus on one item at a time, check with recycling companies as to what they would be agreeable to recycle, for example our blue wrappers.

It is important to communicate and share your efforts with other areas in the hospital and with other O.R.'s.

Lucia and Lyndsay have put a lot of time and effort into making their O.R. more environmentally friendly and should be commended for their hard work. We can all learn from their efforts and become more environmentally conscious in our daily work

With more media coverage on climate change and the public being made more aware of environmental concerns, I hope that in the future more attention will be paid to hospital waste management. If we all put forth some effort we can make a huge difference.

To quote Lyndsay Lingard 's motto "Reducing your ecological footprint involves more than just buying smaller shoes!"

Respectfully Submitted by,

Iva Joslin
St. Boniface



ORNAC 21st National Conference St. John's, NL June 2009
High Performance Management by Muriel Shewchuk RN, B.Sc, CPN(C)

In this presentation Muriel's objectives were to;

1. Discuss High Performance for Perioperative Managers in 30 Minutes or Less.
2. Provide 12 key tips needed to be successful.

Muriel discussed the importance of the manager's role to ensure:

- " A positive work environment that nurses wait in line" (*to be part of your workplace*)
- "Commitment to patient care safety – ie current, standards, competency, P&P compliance"
- "Performance is managed effectively"
- "Effective, efficient for the entire team with responsible and accountable use of resources- ie human, financial & material"
- "Is respected by physician team members and administration"
- "Has a customer focus – the patient – the surgeons"
- "A reputation of being a positive, cooperative corporate citizen."

Also discussed in the presentation were the following;



"What Do Staff Want & Expect"
"A work environment complete with competence for all"
"Compliance with Policies & Procedures"
"Have to know "why"
"Quality care delivery"
"Continual learning"
"Excellence, safety, professionalism, goodwill, and fun, with credible, supportive, respectful and shared leadership at all levels.
"Want to be respected as a full team member in the game!"
"Command balance in life and work!"
"X & Y" expect to have several careers.
"Above all they want a "good" manager that is there for them!"

The presenter does not lose sight of the role that staff members must play in this dynamic high performance management system. Also the presenter stated that a learning environment should be supported by committed staff who are responsible for their own competence. "What does it take? Attitude, Commitment and Action!
...Staff need to invest consistently in their own education and as Professionals they are responsible for their own competence. They should be "Committed to initial certification and maintenance"

Muriel goes on to state that a high performance manager does the following:

- Say Meaningful "Thank You's" Often!
  Practice the Skill of Acknowledgement and Appreciative Feed Back
  Recognize Individual Contributions to the Success of Projects
  Celebrate accomplishments regularly

Muriel ends her presentation with the following list:
12 Successful Management Tips

1. Credible Presence! Appropriate time, intent, frequency, consistency
2. Communication- verbal, written, nonverbal, body language, email, tone, "reality in the eyes of the beholder"- Listen with all senses.
3. All Hands on Deck for a Positive Environment
4. Integrity/Trust : NEVER tell a lie; Professionalism
5. maintain confidences, behaviour, actions,
6. Build strong teams to assist with all the work!
7. Manage the money- substantiate with facts and numbers! Statistics- Make best friends with Keep Finance and IT !
8. Always make the boss look good-timely accurate information,
9. Commit to a sustainable learning environment
10. Do Goal Oriented, Progressive Development Performance Appraisals!
11. Hire the right staff, retain the stars , manage mediocre, poor performers, negative influence – "there is a right place for everyone- perhaps not your OR",
12. Need a good sense of humour!

This report did not touch on the multitude of demands made of the manager as well as the list of pitfalls a manager encounters which Muriel discussed in her presentation.

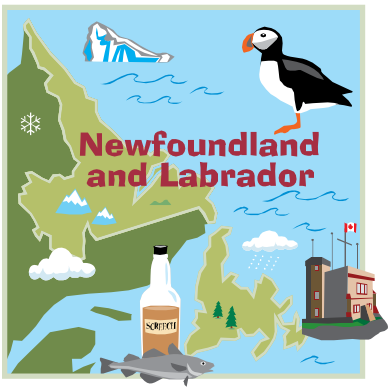
My take on all of this is that as staff members we have a responsibility to support our managers in our perioperative settings. This means letting them know when they are doing a good job. It means doing your part in making your workplace a respectful environment. It means following policy and procedures and if you have issues with any of these you must go through the correct channels to make changes.

Muriel is also challenging the nurses amongst you who have the capabilities and qualities of a good manager to step up to the plate when the time comes. The future of perioperative nursing may take on a very different dynamic if non perioperative nurses become the future managers.

Submitted by Lucette McLean RN CPN(c)
presently enjoying the sights and warmth of Australia



My week in St. John's
Submitted by Leanne Moyer



I would like to take this opportunity to thank MORNA for helping me to fund my trip to the 21st ORNAC Conference in St. John's, Newfoundland. This was a week to renew old friendships, make new ones and to learn what goes on in OR's across Canada. What follows is a synopsis of the educational component of my week.

Surgical Safety Checklist - At the beginning of this session, my first thoughts were "oh great something else to add". As I listened, I realized that we already do most of what is on the list although we may not verbalize it all. I think there will be a few bumps in implementing this but, I think we should be able to achieve this. (Since writing this, we trialed the checklist and we have lots of bumps to iron out.)

A Mock Discovery - A discovery is a pre-trial that permits a party to obtain information. This allows them to observe the witnesses, it is done in an informal setting with the parties involved, lawyers and a recorder. It is not meant to be confrontational. A person has two years to proceed with legal actions. At prediscovery, both parties are allowed to review documents, patient records, any personal notes, any statements given and policies and procedures from the facility.

Smoke Exposure: Can Clean Air Be a Reality - Surgical smoke is a reality and something we can all relate to. One gram of tissue = 6 unfiltered cigarettes. Some of the hazards of surgical smoke include 1) odour-the odour can cause nausea, headaches, fatigue, weakness, respiratory problems and contact lenses absorb hazardous airborne chemicals. 2) particulate matter- very tiny particles which are captured in our lungs. They said the circulating nurse has the same exposure as the scrub nurse. Once you are sensitized to surgical smoke, you increase your risk of developing allergies. 3) viability - after using electro surgery on condylomata, staff have been found to have warts around their eyes and in their throats. 4) endoscopic plume - a lot of the plume is absorbed by the patient. They may complain of headaches and nausea. They have decreased oxygen perfusion to the tissues. Surgical smoke is a workplace safety issue. We are on our way to cleaner air but we are a long way away.

Safer Healthcare Now! Narrowing the Gaps Between Evidence and Practice - Research shows that one in nine patients will contract an infection in the hospital. One in nine patients receives wrong drugs or wrong doses. There is a 50-60% compliance rate with hand hygiene and they say it is evidence based. What happens to near misses? Are they reported? Do we learn by our and others mistakes?

A new component to the SSI bundle is VTE prevention (venous thromboembolism prevention) 70% of VTE are hospital acquired and are the commonest preventable cause of patient deaths.

Greening an Operating Room - More Than Just the Colours on the Wall - Medical waste disposal is increasing. We need to start small. When it is possible, we should try to use reusable totes instead of boxes. We need to create waste management policies. We need to conserve energy and if not using a piece of equipment, turn it off. To reduce the amount of drape and wrapper waste, donate to moving companies, painters, make and sell lunch bags out of drapes. To reduce the amount of paper used, go to electronic medical records. The speakers suggested looking around your OR to see what could be recycled and start small one item at a time.

The two speakers on Friday morning , I thought, had similar messages. Ask yourself these five questions.



1) Who do I want to be? Imagine your ideal self.
2) Who am I now? Come to terms with yourself.
3) How do I get from here to there?
4) How do I make the change stick?
5) Who can help me?

We must learn to celebrate our successes, aim high and risk disappointment. We do not need to know the entire process just the next step to see our way forward. When we look back, we can see how far we have come.



This is just some of what I took away from the conference. The week was amazing. I was reunited with friends from the past and met many new ones. I hope to see many of them the 22nd ORNAC Conference in Saskatoon.

WRHA News Alert!

Did you know!

1. The Canadian Patient Safety Institute (CPSI) has adopted the WHO Safety Checklist.
    - A two (2) week trial was conducted in November 2009.
    - As a result of the trial, the checklist was revised and a second trial is being conducted January 25 – February 5, 2010
    - Expect implementation to begin in February 2010.
    - Additional information may be found at http://www.patientsafetyinstitute.ca/English/toolsResources/sssl/Pages/default.aspx
    - You can sign up to participate in a webinar series through safer health care now by following the link http://www.patientsafetyinstitute.ca/English/toolsResources/sssl/SafeSurgerySavesLivesCollective/Pages/default.aspx

2. The Surgery Program's first Evidence Based Practice Tool (EBPT) "Recommended Surgical Skin Prep Guidelines" has been approved.
    - A learner package and Power Point Presentation has been developed.
    - Educators will be providing you with the information/inservicing on this guideline.
    - Full implementation will be completed by March 31, 2010.

3. Guidelines for management of Infectious Diseases in the OR
    - Enhanced Droplet/Contact Precautions Guidelines have been approved.
    - Guidelines for contact, droplet, and airborne precautions have been approved and are awaiting final approval from IP&C and SSD.
    - Check for the quick reference guidelines and posters in your OR.

4. Currently the OR educators are working on Guidelines for Management of Fires in the OR

5. Medical Device Reprocessing (MDR) update:
    - The third annual MDR Workshop was held June 28th and 29th, 2010. This workshop is free to all attendees. A front line MDR staff planning committee will be assisting.
    - Policies currently being reviewed include: Sterilizer Quality Assurance Monitoring, Endoscopes, Reprocessing (undergoing High Level Disinfection).
    - Policies are being developed related to Recalls and Decontamination of Medical Devices.
    - A Loaner Policy is awaiting approval.
    - Working on a process related to probe (ultrasound, sentinel node, etc.) with IP&C.

6. Endoscopy Patient questionnaire and teaching information
    - Regional Pre and Post endoscopy patient information pamphlets have been developed. These will be used by all endoscopists/surgeons and facilities where endoscopy procedures are being performed.
    - A regional endoscopy Preprocedure Patient Questionnaire has also been developed.

7. Perioperative Orientation sessions were held in May 2009 and September 2009. Another session is tentatively scheduled for March 1st, 2010 with another session tentative for May 3rd, 2010.
    - A recognition tea is tentatively scheduled for June 25, 2010 at Victoria General Hospital.
    - Since the last update, Louise Mattys from VGH has completed the Orientation Session. Her preceptor was Cheryl Repas.
    - Participants currently in the clinical area include: Linda Pokrant (MHC), Kevin Geary (CH), Lisa Keenan (BTHC), Jo-Ann Deneweth (VGH), and Jonathon Britton (Portage).

8. Educational opportunities may be found at www.wrha.mb.ca/osd/index.html

Submitted by Carol Shack Regional Perioperative and MDR Nurse Educator



Winnipeg Free Press correspondent, Jen Skerritt is the 2010 recipient of the CNA and CMA 2010 Media Award for Health Reporting for two articles?

Category - **Excellence in Print Reporting – In-depth Feature Article**

1. "Hunger amid the plenty"

2. "Tuberculosis: The forgotten disease"

These awards were announced January 27, 2010 (go to www.cna-aiic.ca/CNA/news/releases/)



MANITOBA OPERATING ROOM NURSES ASSOCIATION

2010 SPRING WORKSHOP

When: Saturday, 13 March 2010

Where: Samuel N. Cohen Auditorium
St. Boniface General Hospital Research Centre
Winnipeg, Manitoba

TIME: 0730 –0800 Registration and Continental Breakfast
0800 – 1600 Workshop

GUEST SPEAKERS:

- Maureen Spencer – Working Towards Zero Infection Rates
- Dr. Dean Bell – Checklists, pit stops and teamwork: concepts that should not be foreign to healthcare
- Ann Tapp Lawyer CNPS – Legal Issues for Perioperative Nurses
- Dr. Leigh Quesnel – Motivational Topic- TBA / Care for the Caregiver

COST: ⇨**$40.00 for MORNA MEMBERS**

⇨**$75.00 for NON MEMBERS**

Nutrition break and lunch included with registration

Registration Deadline: 08 March 2010

Registration forms are available from your facility representative or they can be printed from the MORNA Web page (www.ornac.ca – Provincial Chapters for MORNA Link)

For further registration information please contact: Gladys Zinnick (W) (204) 632-3216



MANITOBA OPERATING ROOM NURSES ASSOCIATION

SPRING WORKSHOP REGISTRATION FORM

13 MARCH 2010

Name: _____ Title: _____

Facility_____

Home Address: _____

City: _____ Province_____

Postal Code: _____

Phone Number: Home: _____

Work: _____

Fax: _____ E-mail:_____

❒ MORNA MEMBER $40.00 MORNA MEMBERSHIP #_____

❒ NON – MEMBER $75.00

***Registration Fee includes lunch and refreshments**

**** *Your Receipt will be issued on the day of the workshop***

Please make cheque payable to MORNA

Please send your registration to:

Gladys Zinnick
Suite 5, 667 Leila
Winnipeg, Manitoba
R2V 3T5

Workshop Contact: Gladys Zinnick (W) (204) 632-3216 or (H) (204) 589-8930

Registration Deadline: 08 March 2010

Cheque Number: ____ Date Received_____ Receipt Issued__